



# Corporate activities

Corporate groups of all types and sizes can enjoy fun-filled activity days at Lusty Glaze Beach. Whether it's a team building event or a staff away day, our instructors will ensure you have a safe, fun and enjoyable session designed to meet your company objectives.



## lost

For this team building exercise your group will imagine they have crash landed on a desert island, then face a series of personal and team challenges. The first requirement will be to build a shelter as a safe base for 'survivors'. The groups will then be sent out to explore the challenging terrain of the 'island', where they will encounter a vertical assault course up a 100ft cliff, have to ride a zip wire high across a 'ravine', then abseil down to the beach and 'escape' to safety through a simulated tunnel system.



## Beach Rugby Day

This package involves a combination of beach games and activities to give groups the run of this privately owned cove. In the morning your group will experience a range of cliff activities including abseiling, zip wire and a 100ft vertical assault course.

Then in the afternoon, your group will form teams for a mini world cup beach rugby tournament. Lusty Glaze is the home of Beach Rugby in the UK and we work closely with the RFU on a national series of events which culminates with a festival at the beach. The sport is a tag team game played on pitches marked out on the sand. It is non contact so all abilities, ages and gender can play together.



## Corporate Day

Your group will be set a series of challenges designed to get them working together on fun, problem solving exercises. After they have tested their skills with the beach tasks and games, the teams will have further bonding opportunities as they challenge themselves on the zip wire, abseil and vertical assault course.